



MAYOR'S HIKE AND BIKE AND "GET FIT" HEALTH FAIR Saturday, May 23, 2009

Benefiting the nutrition programs of
Catholic Charities, the Emergency Food Bank,
and the Gospel Center Rescue Mission

Walking and Biking event at the Stockton Ports Ballpark, 404 W. Fremont Ave., Stockton

6:45 to 8:45 AM, Registration, Coffee, Juice, Snacks

8:45 AM Bikers begin, 8:50 AM Hikers (walkers) begin

8:00 to 11:30 AM "Get Fit" Health Fair

Family hiking and biking fun in our All America city, Stockton! Three choices of routes for walkers and two for bikers; bring the family, the kids and your friends for a very fun tour of our city!

Registration: Pre-registration is highly recommended. You can mail in your application to Catholic Charities or register online by going to www.stocktonhikeandbike.org. Pledge forms are available online for download, too, so you can help raise even more money to fight hunger in our community!

Entry Form (duplicate if needed):

IMPORTANT.... Mark your event Choice (one application per person – duplicate form if necessary)

Hiker/Walker; Biker; Pledge Hiker/Biker; Virtual Hiker/Biker

Sex: M; F Name: (first) _____ (last) _____

Address: _____ City: _____ St _____ Zip _____

Phone(H): _____; (W) _____ Email: _____

Club, Company or Group: _____

T-shirt size: Small; Med; Large; X-Large; XX-Large (Size not guaranteed; t-shirts to first 1,000 pre-registered runners/walkers).

Check enclosed (to Mayor's Hike and Bike) \$20 if postmarked by May 15; or, \$30 after or at the event.

\$15 for Kids 12 and under by May 15; \$20 after that date.

Waiver: In consideration of this entry application, I hereby, intending to be legally bound for myself, my heirs, executors and administrators, waive and release any and all rights and claims or damages I may accrue against the persons or organizations affiliated with this event (including Catholic Charities, the Emergency Food Bank, Gospel Center Rescue Mission, Fleet Feet Sports Stockton, Stockton Bicycle Club, Sundance Run Club, the City of Stockton and any and all sponsors) for any and all injuries that may be suffered by me at or enroute to or from the event. I attest that I am physically fit and sufficiently trained for this event. As part of the waiver I acknowledge that I have read and understand all of the above.

Signature of Participant Date: _____

Signature of parent or legal guardian (if participant is under 18)

Mail check to Mayor's Hike and Bike, c/o Catholic Charities, 1106 N. El Dorado St. Stockton, CA 95202.

Thanks for your support!